

<p>14</p> <p>Widow & Widowers 12:30 – 3:00 PM</p>	<p>15</p> <p><i>President's Day Senior Center Closed</i></p>	<p>16</p> <p>9:00 Crafty Ladies 10:00 Bookworms 10:15 Moderate Ex. 10:30 – 11:30 Diet Watch Program 11:00 Pilates 12:30 Arthritis Class 1:00 Bingo 1:00 – 2:30 Blood Pressure 1:00 Pinochle</p> <p>NO CARDIO FITNESS CLASS</p>	<p>17</p> <p>9:00 Beginner Computer Class 10:00 Busy Bees 10:00 Wii 10:00 Yoga 12:30 Nickel, Nickel 1:00 Parkinson's Support Group 1:00 Senior Club</p> <p>Intergenerational Wii Bowling Tournament 10:00 – 12:00 Sign up by Feb. 11th.</p>	<p>18</p> <p>9:30 Advance Line Dancing 10:00 Team Wii 10:00 – 11:30 Travel Club 10:15 Moderate Ex. 10:30 Beginner Line Dancing 12:30 Arthritis Class 12:30 Scrabble 1:30 – 2:30 Caregivers Support Group</p> <p>1:00 Military Whist Cost: \$3.00</p>	<p>19</p> <p>9:15 Get Fit Class 9:30 Golf Card Game 10:00 Mah jong 10:30 Painting Class 12:30 Bridge 12:45 Set-Back Cards 1:00 Discussion Group</p>	<p>20</p> <p>Grocery Shopping</p>
<p>21</p> <p>St. Thomas Becket Bingo 12:30 – 2:30 PM</p>	<p>22</p> <p>9:00 Beginner Computer Class 9:00 – 12:00 Cheshire Garden Club Board Mtg. 10:00 Mah jong 10:00 – 11:30 Travel Club 10:15 Get Fit Class 12:30 Knitting 1:00 Tai-Chi Class</p> <p>11:30 Pizza and a Movie "New in Town" Cost: \$3.00...Sign up with payment by Feb. 18th.</p>	<p>23</p> <p>9:00 Cardio Fitness 9:00 Crafty Ladies 10:15 Moderate Ex. 10:30 – 11:30 Diet Watch Program 11:00 Pilates 12:30 Arthritis Class 1:00 Bingo 1:00 – 2:30 Blood Pressure 1:00 Pinochle</p>	<p>24</p> <p>9:00 Beginner Computer Class 10:00 Busy Bees 10:00 Wii 10:00 Yoga 10:30 Meet & Greet w/Sara, Social Worker 12:30 Intermediate Bridge 12:30 Nickel, Nickel 1:00 Senior Club</p>	<p>25</p> <p>9:00 – 12:00 Tax Assessor Representative</p> <p>9:30 Advance Line Dancing 10:00 Team Wii 10:00 – 11:30 Travel Club 10:00 Women's Club Board Meeting 10:15 Moderate Ex. 10:30 Beginner Line Dancing 12:30 Arthritis Class 12:30 Scrabble 1:00 Writing Seniors</p> <p>Vinnie Carr Dance Party Co-sponsored by Direct Link 1:00 – 3:00</p>	<p>26</p> <p>9:15 Get Fit Class 9:30 Golf Card Game 10:00 Mah jong 10:30 Painting Class 12:30 Bridge 12:45 Set-Back Cards 1:00 Discussion Group</p>	<p>27</p> <p>Grocery Shopping</p>
<p>28</p> <p>Widow & Widowers 12:30 – 3:00 PM</p>						

DAILY ACTIVITIES MONDAY – FRIDAY: BILLIARDS 8:30 – 12:00 & POKER 12:30 – 4:00

