

CHESHIRE FIELD HOCKEY
2017 LEAGUE REGISTRATION

Name _____
Address _____
City _____ ST _____ Zip _____
Email Address _____
Day time phone /Cell phone number: _____
Home Phone _____
Position _____ Grade(8/17) _____
DOB _____

T Shirt Size-Circle one: (Youth Sizes)

S M L XL

43431 A Field Hockey League Fee: \$50*

Mondays (6/27--7/31) 5:00-7:00pm

*Non-Cheshire residents must pay an additional \$10.00 for each program. Discounts for siblings are not allowed

Make check payable to:

Michelle Vieira

PARENT/GUARDIAN

I acknowledge that my child will be engaged in athletic activities and that these activities have categories of inherent risk and that accidents can occur. I release the Cheshire Parks and Rec. Dept., Cheshire Field Hockey Summer Camp and its directors and staff from any and all liability for injuries or accidents that arise due to my child's participation in the Cheshire Field Hockey Summer League. My child is in good physical condition, is fit to participate and has permission to participate in camp activities. In case of an injury I give permission for a qualified doctor, nurse, athletic trainer or staff member to provide immediate care.

Parent/Guardian Signature _____ Date _____



CHESHIRE FIELD HOCKEY SUMMER LEAGUE
C/O CHESHIRE PARK AND REC
559 SOUTH MAIN STREET
CHESHIRE, CT 06410

CHESHIRE FIELD HOCKEY

SUMMER LEAGUE 2017

FIELD HOCKEY LEAGUE

Mondays, June 26th - July 31st.

(No Field Hockey July 3rd)

5:00pm-7:00pm

CHS Turf Field

Fee \$50

OPEN TO GIRLS ENTERING
2ND THRU 9TH GRADE

**SPONSORED BY CHESHIRE
PARKS AND REC 203-272-2743**

DIRECTOR:

MICHELLE VIEIRA

Michelle Viera is entering her seventh season as a coach with the team. The team has been highly successful in recent years winning numerous SCC championships and making the state championship in four of the last five years, winning in 2011. The team has had many athletes who were award winners in their league, the state and even nationally! Michelle Vieira is a graduate of Springfield College and also spent a year in Australia learning coaching specific tactics. Wildermann's and Vieira's coaching philosophy is centered around establishing strong fundamental skills and applying these skills to game situations.

Assistant Coaches

In addition to working with Vieira, players will have the exciting opportunity to learn from current Cheshire High School field hockey players. Players will also have the unique opportunity to play with CHS graduating seniors who will be playing college in field hockey in Division I, II and III.

Facilities

The league games will be on the turf field at Cheshire High School.

- ❖ One regulation field hockey field, may be divided for two games
- ❖ Field will be lined appropriately
- ❖ Field hockey cages.

Fees

Field Hockey Camp: \$150

Field Hockey League: \$50

*Non-Cheshire residents must pay an additional \$10.00 for each program. Discounts for siblings are not allowed

Equipment

All Campers should bring:

- ❖ T-shirts, shorts or a field hockey skirt, turfs or sneakers, a field hockey stick, shinguards, and a mouthguard
- ❖ Equipment can be purchased through Bob Bush at Cheshire Sports (203) 272-3451 or any other sporting good store.
- ❖ Please make sure campers bring water.

ALL CAMPERS RECEIVE:

1. A T-Shirt
2. The best possible instruction
3. Individualized skill training
4. Guaranteed scrimmage time
5. Guidance for furthering involvement in the sport

Philosophy: The Cheshire Field Hockey Camps will instill in its campers strong fundamental skills on which they can build. In addition, players will be taught the newest developments in the sport of field hockey.

Make sure you have signed up for field hockey camp that runs from June 19-22 on the CHS Turf.

TYPICAL LEAGUE GAME DAY

League games are played on Monday nights for 5 weeks beginning June 26th.

5:00-5:15

ATTENDANCE/STRETCH

5:15-5:30

TEAM STRATEGY

5:30-6:00

GAME ONE

6:00-6:15

WATER BREAK

6:15-6:45

GAME TWO

6:45-7:00

COOL DOWN

7:00

PARENT PICK-UP