

CHESHIRE COMMUNITY POOL REGISTRATION FORM

**THIS FORM NEEDS TO BE COMPLETED IN FULL OR IT WILL NOT BE ACCEPTED
PAYMENT MUST ACCOMPANY REGISTRATION.**

PARTICIPANT REGISTRATION

First Name: _____ Last Name: _____ Gender: _____
 Birth Date: _____ School: _____ Grade: _____

Activity Code	Name of Program	Fee

FAMILY INFORMATION

ADULT/GUARDIAN 1

ADULT/GUARDIAN 2

Name: _____
 Address: _____
 Town & Zip: _____
 Home Phone: _____
 Work Phone: _____
 Cell Phone: _____

Name: _____
 Address: _____
 Town & Zip: _____
 Home Phone: _____
 Work Phone: _____
 Cell Phone: _____

Family E-Mail Address: _____
 Emergency Contact Name (other than above): _____ Phone: _____

HEALTH INFORMATION: *All information will be kept confidential. Please check all that apply*

- | | | |
|-------------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------------|
| <input type="checkbox"/> Allergy/Anaphylaxis | <input type="checkbox"/> Behavioral Issues | <input type="checkbox"/> Learning Disability |
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Congenital Heart Disease | <input type="checkbox"/> Physical Dysfunction/Mobility Difficulty |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Cystic Fibrosis | <input type="checkbox"/> Seizure Disorder |
| <input type="checkbox"/> Auditory or Visual Processing Difficulty | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Vision, Hearing or Speech Problem |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Intellectual Disability | |

If any item was checked please elaborate: _____

For us to better accommodate participant's needs, please list any medical, physical, psychological or emotional issues not mentioned above: _____



★ SWIM LESSON INFORMATION REQUESTED: Please complete if registering for swim lessons ★

★ Alternate : _____ ★

★ Private lesson availability: Day _____ Time _____ (private lessons only) ★

★ Second Choice Day _____ Time _____ Teacher Preference _____ ★



Participant acknowledges that he/she or the parent or guardian 1) has read and understands the information given, 2) certifies that he/she is in good physical condition and is fit to participate in this activity, 3) understands that Aquatic/ Recreational Activities have categories of inherent risk and that accidents can occur, and 4) that he/she must always be alert for dangers to themselves and to other participants. Participants may be photographed for the purpose of promotion or advertising in future brochures, in newspapers, the Pool website, and/or Facebook page. Participant must sign below, if participant is under 18 years of age a parent/guardian signature is required.

Signature

Date

PAYMENT REGISTRATION

- Master Card Visa Discover Cash Check payable to: Cheshire Community Pool

Card Number: _____

Expiration Date: _____ Amt. Paid: _____

Signature

Date

CHESHIRE COMMUNITY POOL INFORMATION

HOURS OF OPERATION

Monday-Friday: 6:00AM-9:00PM

Saturday : 7:00AM-5:00PM

Sunday : 9:00AM-5:00PM

LAP SWIM

Lap Swim- We always have lap lanes available, however from 6am-10am Monday-Friday it is lap swim only and Saturday mornings 7am-9am. Lap and recreational swim ends at 8:45pm Monday thru Friday and 4:45pm on Saturday and Sunday.

FAMILY OPEN SWIM

Open Family Swim- Open swim for families will be from 10:00am-8:45pm Monday-Friday, and 9:00am-4:45pm Saturday and Sunday. There will be times the pool space will be limited because of lessons and other activities. Any questions regarding the hours of operation or programs call the pool at 203-271-3208.

SWIM LESSONS

We will be running two sessions for Winter swim lessons. The first session will run January 2nd thru February 24th and the second session will run March 5th thru April 14th. You can sign up for both sessions at the same time. We offer lessons Mon & Wed, Tues & Thurs or Saturday mornings. If you have not done lessons with us in the past then your child will need to have a swim evaluation done to ensure they get in the correct swim level, please contact the front desk to set up an evaluation.

REFUND POLICY

Refunds will be given only if the program is cancelled due to low enrollment. If a participant needs to cancel a registration a refund will be given minus a \$15 administration fee, if it is received one week prior to the start of a program and your vacancy is filled. All refund requests must be received in writing. Any exception to this policy will be reviewed by the director.

REGISTRATION POLICY

Registration for residents for winter programs will begin Monday December 4th. Non resident registration will begin Monday December 11th. You can mail in your registration, drop it off at the pool or register on-line by visiting www.cheshirect.org/pool and click the link on the left for online registration.

UP TO DATE POOL INFO

Like us on Facebook ([facebook.com/cheshirecommunitypool](https://www.facebook.com/cheshirecommunitypool)) for all up to date happenings at the pool. You will also find any cancellations due to weather there. You can also find cancellations and meet schedule updates on our web page www.cheshirect.org/pool or by calling the pool at 203-271-3208.

PASS DESCRIPTIONS

Family Pass: For a family unit, which comprises of any of the following:

2 adults who legally live in the same residence (over the age of 18) with up to 4 legal dependents living at the same residence and under the age of 18, and/or full time college students up to the age of 25. There is a \$10.00 fee for each additional legal dependant.

Adult Individual Pass: Any person over the age of 18 who is not purchasing a family pass.

Youth Individual Pass: Any person 17 and under who is not included in a family pass. Any person under the age of 12 with this pass MUST be accompanied by an adult while at the pool. The Adult does not need a pass, but will be required to pay the daily fee if they plan to swim.

Senior Couple Pass: Two adults with at least one over the age of 65, legally living at the same residence.

Senior Individual Pass: Any individual over age 65.

Seasonal Passes: They follow the same criteria as the yearly passes but are valid only for either our winter or summer season.

YEALY PASS FEES

<u>PASSES</u>	<u>RESIDENT</u>	<u>NON-RESIDENT</u>
Family Pass	\$380.00	\$570.00
Adult Pass	\$220.00	\$330.00
Youth Pass	\$135.00	\$185.00
Senior Single Pass	\$135.00	\$185.00
Senior Couple Pass	\$220.00	\$330.00
Daily Adult Pass	\$ 8.00	\$ 13.00
Daily Senior Pass	\$ 6.00	\$ 9.00
Daily Youth Pass	\$ 6.00	\$ 9.00

SEASONAL & BUSINESS PASSES

<u>Seasonal Passes</u>	<u>Resident</u>	<u>Non-Resident</u>
Seasonal Family	\$265.00	\$405.00
Adult	\$145.00	\$180.00
Youth	\$100.00	\$110.00
Senior Single	\$100.00	\$110.00
Senior Couple	\$145.00	\$180.00
<u>Business Rates</u>	<u>Yearly</u>	<u>Seasonal</u>
Family	\$460.00	\$320.00
Adult	\$295.00	\$150.00
Youth	\$150.00	\$105.00
Senior Single	\$150.00	\$105.00
Senior Couple	\$260.00	\$170.00

Make checks payable to:

Cheshire Community Pool
520 South Main Street
Cheshire, CT 06410

Phone 203-271-3208
Fax 203-271-3481

WINTER SWIM LESSONS SESSION ONE

TIER PRICING: Resident with Pass / Resident without Pass / Non-resident with Pass / Non-res without Pass

PARENT & CHILD AQUATICS

Children and adults come together under the supervision of an instructor in this initial swimming experience. Each child must be between the ages of 6 months and 2 years and must come with an adult who will work with him or her each class. Together they will work on the child's adjustment to the water thru activities such as bubble blowing, floating, and kicking! Children will move at their own rate with assistance from an adult with whom they are already comfortable.

530010		\$75/\$85/\$85/\$95
A 9:00-9:30 am	Saturday	1/6-2/17
530020		\$105/\$115/\$115/\$125
A 10:00-10:30 am	Mon/Wed	1/3-2/21

NO CLASSES 1/15, 1/27, 2/12, 2/19

LEVEL ONE

INTRODUCTION TO WATER SKILLS

This is for any child over the age of 3 years, with little or no independent swimming experience. The objective of this class is to help students feel comfortable in the water and to enjoy it safely. Under the supervision of an instructor they will work on kicking, front crawl arm action with feet on bottom of pool, supported floating, entering and exiting the water independently, breath control, and safety skills.

532011		\$75/\$85/\$85/\$95
A 10:00-10:30 am	Saturday	1/7-2/18
B 10:30-11:00 am	Saturday	1/7-2/18
532021		\$105/\$115/\$115/\$125
A 1:00-1:30 pm	Mon/Wed	1/3-2/21
B 5:30-6:00 pm	Mon/Wed	1/3-2/21
C 6:00-6:30 pm	Mon/Wed	1/3-2/21
D 1:00-1:30 pm	Tues/Thurs	1/2-2/8
E 5:30-6:00 pm	Tues/Thurs	1/2-2/8
F 6:00-6:30 pm	Tues/Thurs	1/2-2/8

NO CLASSES 1/15, 1/27, 2/12, 2/19

PRE-TEAM PREP 1

This class is for the child that wants to be on the swim team but stroke mechanics are not where they need to be. Must be able to swim in water over their head independently and comfortably. This class primary focus is freestyle and backstroke, but will introduce other competitive strokes.

534105		\$105/\$115/\$115/\$125
A 5:30-6:00 pm	Mon/Wed	1/3-2/21
B 6:00-6:30 pm	Tues/Thurs	1/2-2/8

NO CLASSES 1/15, 2/12, 2/19

PRE-TEAM PREP 2

In this class we will work on the fundamentals of being on a swim team. We will do a "practice" each evening, working on all strokes, dives, and turns. This is for the child that is unsure of being on a team and would like to experience it in a modified version.

534106		\$105/\$115/\$115/\$125
A 5:00-5:30 pm	Mon/Wed	1/3-2/21
B 5:30-6:00 pm	Tues/Thurs	1/2-2/8

NO CLASSES 1/15, 2/12, 2/19

LEVEL TWO

FUNDAMENTAL AQUATIC SKILLS

This is for any child over the age of 3 years, who is comfortable in the water and who can complete the prerequisite skills. The objective of this level is to give students success with fundamental skills. Under the supervision of an instructor, students will work on kicking, floating, combined stroke front and back, entering deep water, along with other basic water skills.

532012		\$75/\$85/\$85/\$95
A 10:30-11:00 am	Saturday	1/6-2/17
B 11:00-11:30 am	Saturday	1/6-2/17
532022		\$105/\$115/\$115/\$125
A 4:30-5:00 pm	Mon/Wed	1/3-2/21
B 5:00-5:30 pm	Mon/Wed	1/3-2/21
C 1:30-2:00 pm	Tues/Thurs	1/2-2/8
D 5:00-5:30 pm	Tues/Thurs	1/2-2/8
E 6:30-7:00 pm	Tues/Thurs	1/2-2/8

NO CLASSES 1/15, 1/27, 2/12, 2/19

LEVEL THREE

STROKE DEVELOPMENT

This is for any child over the age of 3 years, who is very comfortable in the water, is able to swim in deep water independently and has met all prerequisites. The objective of this level is to build on the skills taught in the previous level, providing guided practice. Under the supervision of an instructor they will work on front crawl with breathing, back crawl, elements of butterfly, diving and other skills.

532013		\$75/\$85/\$85/\$95
A 9:30-10:00 am	Saturday	1/6-2/17
532023		\$105/\$115/\$115/\$125
A 4:30-5:00 pm	Mon/Wed	1/3-2/21
B 5:30-6:00 pm	Mon/Wed	1/3-2/21
C 5:00-5:30 pm	Tues/Thurs	1/2-2/8
D 6:00-6:30 pm	Tues/Thurs	1/2-2/8

NO CLASSES 1/15, 1/27, 2/12, 2/19

PRIVATE LESSONS

One-on-one instruction with a swim instructor, for individuals of any age. If you are interested in private lessons see the front desk to work out a schedule. Lessons are scheduled according to instructor availability, and they meet once a week for 6 weeks.

535001	\$150/\$180/\$180/\$210
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SEMI-PRIVATE LESSONS

Children over the age of 3 years may sign up to work with a swim instructor in groups of two (we do not provide the group). If you are interested in semi-private lessons for your child see the front desk. Lessons are scheduled according to instructor availability, and they meet once a week for 6 weeks.

535002	\$120/\$150/\$150/\$180
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All private and semi private lessons follow the same schedule as group lessons, being offered at the same times as group lessons. When submitting a form put day or days and times you are available and you will be contacted once group lessons are assigned instructors and we know what is available. We do not pair people for semiprivate lessons.

TIER PRICING

Res with pass/Res without pass/Non res with pass/Non res without pass

WINTER SWIM LESSONS SESSION TWO

TIER PRICING: Resident with Pass / Resident without Pass / Non-resident with Pass / Non-res without Pass

PARENT & CHILD AQUATICS

Children and adults come together under the supervision of an instructor in this initial swimming experience. Each child must be between the ages of 6 months and 2 years and must come with an adult who will work with him or her each class. Together they will work on the child's adjustment to the water thru activities such as bubble blowing, floating, and kicking! Children will move at their own rate with assistance from an adult with whom they are already comfortable.

540010 \$75/\$85/\$85/\$95
A 9:00-9:30 am Saturday 3/10-4/14

540020 \$105/\$115/\$115/\$125
A 10:00-10:30 am Mon/Wed 3/5-4/11

LEVEL ONE

INTRODUCTION TO WATER SKILLS

This is for any child over the age of 3 years, with little or no independent swimming experience. The objective of this class is to help students feel comfortable in the water and to enjoy it safely. Under the supervision of an instructor they will work on kicking, front crawl arm action with feet on bottom of pool, supported floating, entering and exiting the water independently, breath control, and safety skills.

542011 \$75/\$85/\$85/\$95
A 10:00-10:30 am Saturday 3/10-4/14
B 10:30-11:00 am Saturday 3/10-4/14

542021 \$105/\$115/\$115/\$125
A 1:00-1:30 pm Mon/Wed 3/5-4/11
B 5:30-6:00 pm Mon/Wed 3/5-4/11
C 6:00-6:30 pm Mon/Wed 3/5-4/11
D 1:00-1:30 pm Tues/Thurs 3/6-4/12
E 5:30-6:00 pm Tues/Thurs 3/6-4/12
F 6:00-6:30pm Tues/Thurs 3/6-4/12

PRE-TEAM PREP 1

This class is for the child that wants to be on the swim team but stroke mechanics are not where they need to be. Must be able to swim in water over their head independently and comfortably. This class primary focus is freestyle and backstroke, but will introduce other competitive strokes.

544105 \$105/\$115/\$115/\$125
A 5:30-6:00pm Mon/Wed 3/5-4/11
B 6:00-6:30pm Tues/Thurs 3/6-4/12

PRE-TEAM PREP 2

In this class we will work on the fundamentals of being on a swim team. We will do a "practice" each evening, working on all strokes, dives, and turns. This is for the child that is unsure of being on a team and would like to experience it in a modified version.

544106 \$105/\$115/\$115/\$125
A 5:00-5:30 pm Mon/Wed 3/5-4/11
B 5:30-6:00 pm Tues/Thurs 3/6-4/12

LEVEL TWO

FUNDAMENTAL AQUATIC SKILLS

This is for any child over the age of 3 years, who is comfortable in the water and who can complete the prerequisite skills. The objective of this level is to give students success with fundamental skills. Under the supervision of an instructor students will work on kicking, floating, combined stroke front and back, entering deep water, along with other basic water skills.

542012 \$75/\$85/\$85/\$95
A 10:30-11:00 am Saturday 3/10-4/14
B 11:00-11:30 am Saturday 3/10-4/14

542022 \$105/\$115/\$115/\$125
A 4:30-5:00 pm Mon/Wed 3/5-4/11
B 5:00-5:30 pm Mon/Wed 3/5-4/11
C 1:30-2:00 pm Tues/Thurs 3/6-4/12
D 5:00-5:30 pm Tues/Thurs 3/6-4/12
E 6:30-7:00 pm Tues/Thurs 3/6-4/12

LEVEL THREE

STROKE DEVELOPMENT

This is for any child over the age of 3 years, who is very comfortable in the water, is able to swim in deep water independently and has met all prerequisites. The objective of this level is to build on the skills taught in the previous level, providing guided practice. Under the supervision of an instructor they will work on front crawl with breathing, back crawl, elements of butterfly, diving and other skills.

542013 \$75/\$85/\$85/\$95
A 9:30-10:00 am Saturday 3/10-4/11

542023 \$105/\$115/\$115/\$125
A 4:30-5:00 pm Mon/Wed 3/5-4/11
B 5:30-6:00 pm Mon/Wed 3/5-4/11
C 5:00-5:30 pm Tues/Thurs 3/6-4/12
D 6:00-6:30 pm Tues/Thurs 3/6-4/12

PRIVATE LESSONS

One-on-one instruction with a swim instructor, for individuals of any age. If you are interested in private lessons see the front desk to work out a schedule. Lessons are scheduled according to instructor availability, and they meet once a week for 6 weeks.

545001 \$150/\$180/\$180/\$210

SEMI-PRIVATE LESSONS

Children over the age of 3 years may sign up to work with a swim instructor in either groups of two (we do not provide the group). If you are interested in semi-private lessons for your child see the front desk. Lessons are scheduled according to instructor availability, and they meet once a week for 6 weeks.

545002 \$120/\$150/\$150/\$180

All private and semi private lessons follow the same schedule as group lessons, being offered at the same times as group lessons. When submitting a form put day or days and times you are available and you will be contacted once group lessons are assigned instructors and we know what is available. We do not pair people for semiprivate lessons.

TIER PRICING

Res with pass/Res without pass/Non res with pass/Non res without pass

ADULT AQUATIC PROGRAMS & GENERAL POOL INFO

AQUA ZUMBA

Make a splash and join the party. Aqua Zumba is a pool dance party for all ages with international rhythms and fun dance moves that anyone can do. This class is for all levels. The only requirement is to have FUN.

534103 Session 1 \$63/\$70/\$70/\$77
A Mon-6:15-7:00 pm Thurs- 7-7:45 Sat-8-8:45am 1/4-2/24

No Class 2/19

544103 Session 2 \$45/\$50/\$50/\$55
B Mon-6:15-7:00 pm Thurs-7-7:45 pm Sat-8-8:45 am 3/5-4/14
No Class 3/12 or 4/2

Pay as you go: \$6.00

This class will be offered 3 days a week, you pay for two. You choose what two days you wish to come, or if you miss a week you can come three days on another week. Once you have come the number of days if there are still more classes in the session you can pay for additional days at the same rate you paid per class for the group.

AQUAMOTION

This class is an invigorating mid-morning workout appropriate for all fitness levels. Working at your own pace, you will do a balance of cardio, strength, flexibility, balance, range of motion and stretching exercises. Use of flotation and resistance equipment is included but optional. Everything you need for an effective workout!

534102 Session 1 \$100/\$110/\$110/\$120
A 9:00-10:00am Mon-Fri 1/2-2/24

NO CLASS ON 1/15, 2/12 & 2/19

544102 Session 2 \$90/\$100/\$100/\$110
B 9:00-10:00am Mon-Fri 3/5-4/13

Pay as you go for aerobic classes:

\$8.00 for any 1 hour class

\$6.00 for any 45 minute class

Lap Swim: Lap swim only is Monday—Friday 6:00 am-10:00 am Saturday 7:00 am– 10:00 am . There are lap lanes available the rest of the day but there are other activities going on and lanes will be limited. Lap lanes are not exclusive you may need to share a lane if all lanes are full.

AQUATIC SAFETY PROGRAMS AND OTHER POOL OFFERINGS

LIFEGUARD TRAINING

This class is for individuals 15 and older interested in becoming a certified lifeguard. Individuals must be strong swimmers capable of swimming 20 lengths of a 25 yard course. The course is 28 hours in duration and all hours must be completed. After successful completion participants will have certification in Lifeguard Training, CPR/AED for the Professional Rescuer and First Aid. **\$135/\$145/\$145/\$155 Plus additional for certification and material.**

No dates set at time of printing contact the pool for more information.

BIRTHDAY PARTIES

The Community Pool offers birthday parties to children of all ages. The party runs for 2 hours, we allow 15 minutes for guests to arrive, then the activities will go for 1 hour, and the last 45 minutes will be for food and presents. You can have either an "Open Swim" party where the party goers are included in the general open swim for the hour, or you can have a lifeguard or lifeguards depending on the size of the party, assigned to the party who will run a variety of activities with the children for an hour. The hours within which parties can be scheduled are Sat and Sun 11:30AM-2:30PM

Cost:

Residents with a pool pass: \$130.00 + \$20.00/guard
Residents without a pool pass: \$150.00 + \$20.00/guard
Non-Residents with a pool pass \$170.00 + \$20.00/guard
Non-Residents without a pool pass: \$190.00 + \$20.00/guard

If you are interested in a pool party call the Community Pool.

RECERTIFICATION

For individuals who currently have lifeguard training certification that is getting ready to expire. Individuals will need to complete all components of the course which includes: lifeguarding, CPR/AED and first aid. All individuals need to complete the entire recertification review process which is a 12 hour course. Any one interested in a Lifeguard Training Recertification class see the front desk.

\$60/\$70/\$0/\$80

WSI: WATER SAFETY INSTRUCTOR

This course is for individuals who wish to teach the American Red Cross Learn-to-swim program. Interested participants must be at least 16 years old and be very strong swimmers. They must be able to swim all strokes (freestyle, backstroke, breaststroke, butterfly, sidestroke, elementary backstroke) equivalent to someone who has completed the level 6 in the learn to swim program. The course is approximately 30 hours in duration, and all hours must be completed.

Inquire at the front desk for scheduling of this course.

\$220/\$230/\$230/\$240

FAMILY FUN DAYS

February 19th and 20th the Community Pool will be hosting Family Fun days for all ages and swimming abilities. Moms and Dads bring your suits to join in the fun. Bring a picnic lunch and stay for the afternoon!! This is a great way to get some exercise and spend quality time with the family.

Fee: \$1.00/person Time: 12:00 pm—3:00 pm
\$5.00/family

*IF YOUR CHILD IS A NON-SWIMMER, AN ADULT MUST BE IN THE WATER WITH THEM