

**Next to marijuana,  
the most common  
drugs teens are using  
to get high are  
PRESCRIPTION  
MEDICATIONS.**

(Office of National Drug Control Policy, Prescription for Danger, January 2008)

**The most commonly abused prescription drugs  
are pain medications, sleeping pills, anti-anxiety  
medications and stimulants (used to treat attention  
deficit/hyperactivity disorders).**

(Office of National Drug Control Policy, Prescription for Danger, January 2008)



## TAKE ACTION!

***Parents have more influence over their child than friends, music, TV, the Internet and celebrities.***

- Kids who learn a lot about the risks of drugs and alcohol from their parents are up to 50% less likely to use than those who do not.
- Prescription drug abuse is the Nation's fastest-growing drug problem and has been classified as an epidemic by the Centers for Disease Control and Prevention.
- Learn about which drugs kids most often abuse and recognize signs and symptoms of abuse.
- Be more aware of what medications are in your home and those in homes of family members and friends where your child spends time.
- Keep medications in a safe place – lock up your medications.
- Dispose of old or unused medications properly, find a DEA approved drug take back day at [bit.ly/usadrugtakeback](http://bit.ly/usadrugtakeback) or bring them to the drop box at the Cheshire Police Department, 500 Highland Avenue, Cheshire, CT.
- Share this information with others.
- Most important – spend time with your child and get to know their friends – Teens who feel a close bond with a parent or other adult are less likely to want to disappoint them.



Contact the Cheshire  
Human Services Department  
for more information  
(203) 271-6690



CHESPROCOTT  
HEALTH DISTRICT