




# DECEMBER 2018

## Lunch Reservations:

**Please call the Cheshire Senior Center Transportation Office  
two days in advance by 11:00 AM at 203-272-0047**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 Chicken teriyaki Brown rice/pineapple Oriental blend Wheat roll Mandarin oranges	5 Lentil soup /crx Tuna salad/wheat bread Macaroni salad Broccoli slaw Chocolate pudding/topping Grape juice	6 Garlic chicken qtr Baked potato Green beans Wheat dinner roll Fresh fruit	7 Spanish beef stew White rice Carrots Biscuit Marble cake Mixed fruit juice
10 	11 chicken pot pie/biscuit carrots & green beans baked apple slices	12 Eggplant rollatini /parm Penne pasta Italian blend veg Garlic breadstick Fresh fruit	13 <b>CHANUKAH SPECIAL</b> Pot roast /gravy Potato latkes/applesauce Carrots Rye bread Grape juice Jelly donuts	14 Spanish baked fish Yucca Roman blend White bread pears
17 	18 Chicken marsala Penne pasta/ parm cheese Green beans Italian bread apricots	19 Butternut squash soup Spinach quiche Roasted sweet potato Winter blend veg Wheat bread applesauce	20 <b>CHRISTMAS SPECIAL</b> Chicken cordon bleu Twice baked potato Peas & mushrooms Snowflake roll Fruit juice HOLIDAY CAKE	21 Panamanian stewed chicken White rice Seasoned pinto beans With peppers Dinner roll Tropical fruit
24 <b>Senior Center Closed Christmas Eve</b>	25 <b>Senior Center Closed Christmas Day</b>	26 Stuffed salmon with lemon butter sauce Wild rice pilaf Broccoli Wheat dinner roll Pound cake /berries Pineapple juice	27 <b>NEW YEARS HOLIDAY</b> Roast pork /gravy Mashed potato Bean blend Rye bread "Birthday Cake"	28 Portugese grilled chicken /onion & tomato Boilded potato Spinach Dinner roll Fruited jello Orange juice
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**NEW OPPORTUNITIES, INC.**  
*Building Relationships to End Poverty*

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