

## **Cheshire Youth Services Committee Meeting 1/28/2019**

### **Attendants:**

Michelle Piccerillo  
Grace Jinks- Chair  
Eric Gunther- Vice Chair  
Lisa Keegan- Secretary  
Phil Belcher  
Jim Jinks  
Eliana Orlinski

Public- Mr. Orlinski  
Town Council- David Veleber

### **Juvenile Review Board**

- 6 cases last month. All E-cigarettes 2 youth had to write children's book. They were so good they will be bound
- JRB is for 1st time offenders
- Started taking Truancy cases. Mostly Middle School.
- Ohio Scales- Assessment Tool. Required by State of CT will be used

### **Opiod Epidemic**

- Kate Glendon, Chesprocott helping with Awareness Campaign
- Drug Takeback held in Fall. Even though it was a rainy day considerable amount collected
- Still seeing share of Overdoses. Narcan is saving lives.
  - Video developed by High School Students and Keith Moore, High School Video Production teacher is done and is excellent. Waiting for High School principal Dr. Gadd to give approval and then it will be shown. 17 minutes long. Educational experience for all involved. Hopefully health classes will be using this.
- Sending letters to Realtors for Open House to inform the owner about people coming in to take drugs from Medicine Cabinets
- Under the Opiod Grant funding we gave Community Mental Health Training two years ago to 60 town employees. End result- people were pleased with experience. Very helpful
- Laura Coffin does them. Useful program. Will have training in April

### **Vaping**

- Tricia Doll, Yale School of Medicine- has given presentation on Vaping to students of the High School and Parents. Presentation is research based. Hoping to put recording of it on Town Website
- Michelle concerned about the youth. E-cigs that kids are using are high in nicotine.
- Quickest rising health crisis for youth today. Kids are using it smoke marijuana or chemicals in vaping mechanism. Gateway to marijuana and drug use
- Michelle's goal is to saturate the community with information.

- Michelle thinks most effective way to help youth is to form a group of youth telling others about their experience. Youth to Youth Group in Vermont effective with this.
- Town council working on town ordinance to raise age of sales of tobacco and vaping mechanisms Other communities have done this. Its in ordinance review committee.
- FDA came out with regulations about how flavors could be displayed.

### **Legalization of Marijuana**

- As close as it is ever been to pass in the state.
- Michelle's concern that it sends a message to youth that its ok. Increases access. Gateway drug.
- Data shows that states where it's been legalized have problems.
- Michelle is personally and professionally opposed to this legislation.
- Become informed - look at THC and what it does to the developing brain
- Suggestion- Committee might want to take a position on this matter

### **40 Developmental Assets**

- Community forum voiced complaints as there were questions about sex, drugs, suicide. Same test was given a few years prior
- In two weeks, approximately, the executive summary will be completed. Human Services will roll out data to town council, schools.
- Survey results for Cheshire is usually better than most other parts of the country.

### **Suicide Prevention Grant**

- Applied with school system.
- Grant \$20K has been awarded.
- Working on a High School Curriculum
- Grade 2 and 3- Gizmo-a training to help know what to do when you are upset. Being piloted at Chapman School (but on hold right now due to recent tragedy)
- Kate from Chesprocott teaching QPR- Question Persuade Refer

### **SMART recovery group-**

- Addiction recovery group established. Only two young people have signed up They were referred through the JRB
- Self management and recovery program. Gives people tools.
- Had expected 5-6 participants. Could be an incredible program.

### **Youth Advisory Council--**

- Cycling club- Grades 8-12 Saturdays. 7 students involved. Will discuss with Jim Jinks
- Skate Park- Needs sprucing up. Maybe have young people do some art.

### **Potential Committee Merger**

- Problem achieving a quorum at both the Human Services Committee meetings and the Youth Services Committee meetings
- Town Attorney is reviewing Bylaws now to see its possible.

Minutes taken by Lisa Keegan